

The main objectives of the project are:

- 1) Identify and describe core educational objectives and development practices of PES classes in the national curriculum of 5 European countries: Italy, Romania, Albania, Malta, and Slovakia;
- 2) Test the feasibility (process evaluation) and effectiveness of a 3-month intervention focused on participatory approach to PES classes in 3 different settings in each country;
- 3) Develop a set of scenarios and examples of best-practices for good practice applicable at European level in regards to models for building innovative – participatory approaches to PES classes.

The project will be implemented in collaboration of 6 organisations:

Romania: Babeş-Bolyai University (BBU), project coordinator

Italy: The National Research Council (CNR)

Slovakia: Constantine the Philosopher University in Nitra- Faculty of Education (CPU)

Albania: University of Sports Tirana (UST)

Denmark: University of Southern Denmark (SDU)

Malta: Foundation for the Promotion of Social Inclusion in Mala (FOPSIM)

For further information please contact us at: info@fopsim.eu



Do it yourself! A participative approach to increase participation and engagement of high school students in physical education and sport classes project

DIYPES project was awarded by the European Commission under Erasmus+ Sport programme. The project started on the 1st of January 2017 and will last for 24 months.

DIYPES project proposes a participative approach to physical education classes' development and employment, focused on high-school students' expressed needs and interests. The educational objectives included in the PES classes curriculum and the overall (school) setting characteristics will be accounted for, but the PES classes will be delivered through activities that will increase the level of acceptance and enjoyment of the target group. The final goal of the project is to reach an optimal balance between effectiveness and enjoyment, positive and engaging experiences for high-school students during PES classes.

Students with diverse physical potential together with the PES teachers will be engaged in organising the PES class structure and consider different types of activities. This approach is meant to empower students and to offer them a higher level of autonomy and also increase their accountability in regards to their own physical education related behaviour and outcomes.

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DIYPES kick off meeting in Romania

On the 27 – 28 of February, partners from 6 different countries: Romania, Slovakia, Denmark, Albania, Italy and Malta met for the first time in Cluj-Napoca in Romania for the DIYPES project kick off meeting.

DIYPES is funded under the Erasmus+ Sport programme and will last for 24 months starting from the 1st of January, 2017. The project proposes a participative approach to physical education classes' development and employment, focused on high-school students' expressed needs and interests.

During the first day of meeting, partners introduced themselves, presented work packages and activities plan. During the second day of the meeting, partners had the opportunity to discuss the project documents and review methodological drafts. Each partner had presented the Physical Educational Curriculum and discussed the project implementation.

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